

# WOMEN'S WORLD CUP 2023: SYDNEY & MELBOURNE

FRIENDLY MATCHES: 2 \* TRAINING SESSIONS: 2 \* PRO COACHING CLINICS: 2 \* PRO MATCHES: 2 \* STADIUM TOURS: 1

# YOUR DAY-BY-DAY ADVENTURE

#### DAY 1

• Fly to Australia

#### DAY 2

International date line

#### DAY 3

- Check in at a hotel in the greater Sydney area, which will be your base for the next four nights
- Begin with a Welcome Meeting and orientation. Afterwards, enjoy free time to explore the area around the hotel
- **Training Session:** Participate in a training session led by your coaching staff at a local field
- Dinner at the hotel restaurant

#### DAY 4

- Breakfast at the hotel
- **Guided Tour of Sydney:** Enjoy a visit to Darling Harbour, the Gap, and the Sydney Opera House, which includes an interior tour
- Stadium Tour: See Australia's national soccer arena, Allianz Stadium. This venue has hosted some of Australia's top sporting events in rugby league, rugby union, and soccer
- Friendly match
- Dinner at the hotel restaurant

#### DAY 5

- Breakfast at the hotel
- **Bondi Beach:** Walk along this sweeping, white-sand crescent and one of Australia's most iconic beaches
- Surfing Lesson: Learn to surf at one of the world's most famous destinations for the sport, Bondi Beach
- **Professional Coaching Clinic:** Participate in a special coaching clinic with a guest coach, player, or instructor
- Dinner at the hotel restaurant



\* Please note: Your final itinerary may be slightly different from this program. The final itinerary will be determined based on the size of the group, any adjustments that are required (such as adding additional matches), and the final schedule of the matches. (If additional matches are required, then some sightseeing content will be replaced by the additional matches as needed.)

## DAY 6

- Breakfast at the hotel
- Blue Mountain and Wildlife Sanctuary: Travel west of Sydney to the Blue Mountains. Known for dramatic scenery, the area encompasses steep cliffs, eucalyptus forests, waterfalls, and villages
- Featherdale Sydney Wildlife Park: See some of Australia's unique species, such as koalas, kangaroos, and Tasmanian devils
- Dinner at the hotel restaurant
- Attend a Women's World Cup Match

## DAY 7

- Breakfast at the hotel and check out
- Flight to Melbourne: Arrive in the greater Melbourne area, which will be your base for the final four nights
- **Training Session:** Participate in a training session led by your coaching staff at a local field
- Dinner at the hotel restaurant
- Eureka Skydeck: Take in awe-inspiring views of Melbourne from the highest public vantage point in the Southern Hemisphere

### DAY 8

- Breakfast at the hotel
- Guided Walking Tour of Melbourne: In the coastal capital of Victoria, explore the Fed Square, a popular venue for public events; the Australian Centre for the Moving Image; and Flinders Street Railway Station, which first opened in 1854
- **Melbourne Cricket Ground:** Locally known as The G, this is one of Australia's biggest sporting arenas with a capacity of 100,024
- **Professional Coaching Clinic:** Participate in a special coaching clinic with a guest coach, player, or instructor
- Dinner at the hotel restaurant
- Attend a Women's World Cup Match

## DAY 9

- Breakfast at the hotel
- Visit Koori Heritage Trust: This organization is committed to the protection, preservation, and promotion of the living Aboriginal culture in southeastern Australia since 1985 Free time in Melbourne
- Friendly match
- Dinner at the hotel restaurant

# DAY 10

- Breakfast at the hotel
- The Great Ocean Road: Drive out to the Twelve Apostles coastal feature, check out the visitor centre, and then find amazing views at the various lookout points! Return to Melbourne and stop at one of the many beaches along the coast for a surf lesson
- Dinner at the hotel restaurant

## DAY 11

- Breakfast at the hotel
- Check out and fly home: Your rewarding and enjoyable tour comes to an end as your Tour Director accompanies your group to the airport

Learn more about this trip at worldstrides.ca/sports-programs or call 410-489-2287 to speak with a Travel Specialist.